



Schedule a 3-DAY, ONE-ON-ONE *INTENSIVE*

With **Toni Marie Clifton**
Enneagram Teacher/Counselor

The world is a different place these days; times are changing, and we face new challenges we have not had to consider before. It is a time when we need to make new decisions about how we want to live our lives.

Whether you find yourself in a crisis, or it is time for you to take a personal inventory, this 3-day *Intensive* process will be tailored specifically for you. You will increase your awareness of “what makes you tick,” what your individual process is when you get stuck, and what steps to take to help shift these patterns. You will leave with renewed energy and the ability to move forward in your life with new insight and understanding of who you “truly are.”

Your specific needs and desires will determine what we work with and the focus of our time together. In addition to intensive one-on-one process work, we will use techniques for working with patterns, self-expression through art and dream work, meditation, journaling, assigned readings and the Tarot. You will also be able to take advantage of the soothing and healing benefits of being on an island ... walking on the beach and swimming in the ocean (only a 3 minute walk away).

Your lodging during your *Intensive* is a beautiful, completely private apartment on an island off the coast of North Carolina.

The cost for three days and three nights with lodging and breakfast provided, plus our time together, is \$1,800.

Questions? Call **910-933-9305** or email **tmclifton02@gmail.com**

TONI MARIE CLIFTON, MPH, Director of the Enneagram Center, has over 40 years experience in mental health. Trained in both analytical psychology and social work, she also studied with such notable teachers as Virginia Satir, Brugh Joy, Angeles Arrien, Hamid Ali (A. H. Almaas) and Helen Palmer. Toni Marie was appointed in 1988 to the Board of Directors that established the Professional Enneagram Certification Training. Combining her in-depth knowledge of the Enneagram with her broad ranging studies in both psychology and philosophy, she offers a very grounded and insightful way of working with life patterns.

Offered by the Enneagram Center

www.enneagramcenter.com